



HOW WE CAN HELP AT...

The MARC & Frank Moran Centre

Melrose Avenue, MK3 6PA



MICK



JENNY

Mon-Fri, 9am-4pm

[facebook.com/frankmoranMARC](https://www.facebook.com/frankmoranMARC)

01908 370348



SUE



CLAIRE



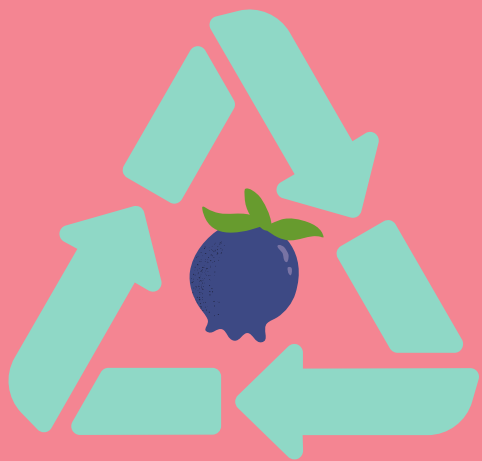
COMPUTER & INTERNET ACCESS

Getting online is simple with our drop-in computer service, and we're on-hand to answer any IT questions that pop up. Scanning facilities are also available, alongside photocopying and printing.



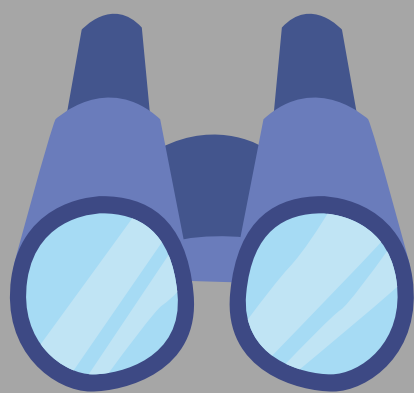
INFORMATION & SUPPORT

Have a question about bills, benefits or just want to chat? We can point you in the right direction or talk things through, as well as offer guidance on form filling, paperwork and even the kids' homework.



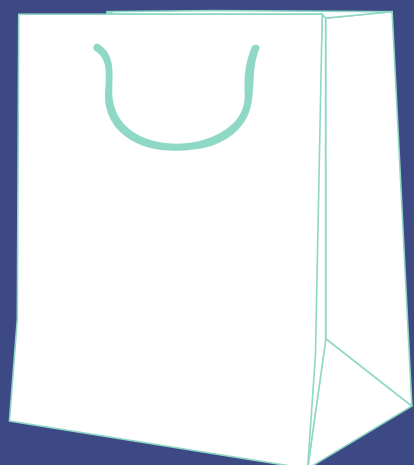
PLANET-SAVING FOOD

Do your bit for the environment by filling a bag with the food we collect from supermarkets to stop it being thrown away. You can also bring along crisp packets, sweet wrappers and coffee pouches to recycle in our bins.



ACTIVITIES & EVENTS

Keeping the kids busy during the school holidays is made easier with our fun roster of activities. Check Facebook or call the centre on the number below to find out what is coming up next.



FOOD BANK PARCELS

Food Bank parcels can be collected five days a week, and come supplemented with a variety of fruit, veg, sliced meat or a vegetarian option wherever possible. Please bring along ID for yourself and other household members.

DOG WASTE BAGS AVAILABLE TOO!

