

Marvellous Me

Welcome to Cygnet Class! We are about to embark on a special journey together where school life will be full of fun, laughter and friendships. You will learn and experience lots of new things. This term is all about you, your family, your health and well-being and your community.



Key Questions and Lesson focus



I am special

We will be celebrating how unique we all are. We will look at our features, create images of faces and discuss similarities and differences.

My body

Learn about our bodies and how they work. What is a skeleton? Why does my heart beat faster when I run? Use our senses to observe the world around us.

My family- people special to me

Who is in our family? What do I like to do with my family? Understand that families come in all shapes and sizes! **Respect** the lives of others.

My feelings

Reflect on our feelings. When have you felt happy or sad? What made feel better? Consider how others may be feeling in different situations.

My home

Where do we live? Who lives with us? Why is my home special? Places I feel safe and happy.

People who help us

Talk about people who help us in our community and at home. What do they do?

Vocabulary

Different	Not the same as another
Same	Identical, not different
Similar	A person or thing which looks like another but is not identical
Relatives	People in your family...Mummy, Daddy, brother, sister, grandparents, auntie/uncle, cousins
Self portrait	A picture or painting of your self
Senses	You have 5 senses- smell, taste, sight, hearing and touch
Body parts	Parts of my body including: skeleton, limbs, heart
Emotions	How you feel inside such as happy, sad, angry, surprised
Exercise	Means when you play and are physically active through games, gym and dance
Healthy	When your body is free from illness

'There's only one you in this great big world, make it a better place'